



HOW AM I DOING?



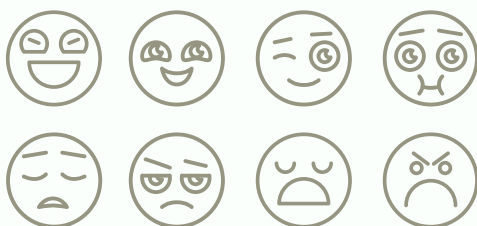
DATE

SCRIBBLES:



WHAT'S COME UP FOR ME TODAY?

MOOD



GRATITUDE LIST

